



*Your Life.
Your Way*

Menu Menu



LORD DUFFERIN CENTRE
Seniors' Residence

Breakfast

(A Variety of options to start your day)

*Whole Grain Toast
Hot Oatmeal or Cold Cereals
Eggs, Scrambled, Poached, Boiled or Fried
Bacon or Sausage
Fresh Fruit or Yogurt*

Luncheon Entrees

(Soup of the Day) Cream of Potato Soup.

*Chicken Breast Finished With A Mushroom Cream Sauce
Served With Fresh Vegetables Or Salad.*

Or

Quiche Lorraine Served With A Tomato Basil Salad.

(Dessert) Strawberry Shortcake, Fresh Fruit, Ice Cream, Yogurt

Dinner Entrees

(Salad of the Day) Mixed Greens Salad With Mandarin Oranges.

*Garlic And Herb Tilapia Finished With A Lemon Sauce With
Wild Rice And Steamed Broccoli.*

Or

*Sliced Pork Garnished With A Spiced Apple Ring, Yukon
Gold Mashed Potatoes And Gingered Carrots.*

(Dessert) Banana Cream Pie, Fresh Fruit, Ice Cream, Yogurt