
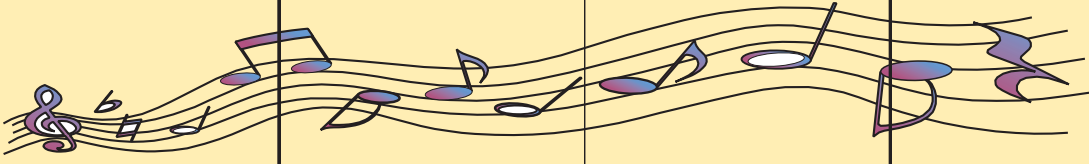




Your Life.
Your Way

Sample

Calendar
Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 LORD DUFFERIN CENTRE <i>Seniors' Residence</i>	1 3:00 Scenic Tour Of Orangeville's Tree Sculptures 6:00 Words Within A Word	2 10:30 Sensory Stimulation 3:00 Anne Marie's Dance Academy Recital	3 3:00 A Poetic Hour w Tea & Croissants On The Terrace 6:00 Billiards, Beer & Nuts	4 2:00 pm - Book Club 3:00 Motorcycle Rides 6:30 Bible Study	5 12:00 Lunch Club (The Globe Restaurant) 3:00 A Visit From Hearing Sciences & Audio logy	6 3:00 A Norman Rockwell Showing
7 3:00 Hymn Sing 6:00 pm The Price is Right	8 2:00 Practice Your "Swing" Driving Range 3:00 Drum Circle Presentation 6:00 Suduko	9 12:00 BBQ On The Terrace 3:00 Debate Club 6:00 Canadian Trivia	10 11:00 Catholic Mass 3:00 Craft Watercolor Painting 6:00 Canadian Air Aces & Heroes	11 3:00 Afternoon Tea & Piano Music 4:00 Happy Hour (Coconut Rum & Pineapple Juice)	12 3:00 Sewing Odds & Ends 6:00 Double Trouble (Live Elvis Show w 2 Elvis Impersonators)	13 12:00 Picnic @ Island Lake 3:00 Benefits Of Emu & Aromatherapy Oils
14 9:00 - 5:30 Trip To Casino Rama 2:00 High Tea	15 3:00 Indoor Gardening Tips On Growing Healthy House Plants 4:00 Food Committee Meeting 6:00 Big Band Music Request Night	16 2:00 - 4:00 Walker Wash & Tune Ups. 3:00 Baking Banana Bread 6:00 An Evening Stroll	17 1:00 Take A Scenic Rail Trip On The Credit Valley Explorer 3:00 Antique Show 6:00 "Memories Are Made Of This"	18 11:00 Communion 3:00 Healthy Hearts 7:00 Indoor Campfire & Sing-A-Long	19 1:00 Program Planning Meeting 3:00 Relax With A Gentle Massage	20 3:00 Travel Club "Out Of Africa" 7:00 Sing & Dance Along With Accordion Sounds
21 1:00 pm Theatre Orangeville 3:00 Healthy Living/Healthy Choices	22 2:00 Sing-A-Long w Friends 6:00 Board Games	23 3:00 Glamour Shots 6:00 Scrapbooking	24 3:00 Understanding Your Prescriptions, Drug Management & Disposal	25 <i>Shop Newmarket</i> 3:00 World News 6:00 Wii - Interactive Bowling	26 3:00 Victorian Fashion Show 7:00 Pub Night w A Blast From The Past	27 3:00 Documentary (Planet Earth)
28 3:00 Happy Birthday & Welcome Party Celebrations	29 3:00 Canadian Jeopardy 6:00 A Giggle Before Bedtime	30 3:00 "This Is Your Life" (Special Recognition) 6:00 A Reading From Chicken Soup For The Golden Soul				
Daily Programs ----> 10:00 Church Service (ch 13) 10:30 Manicure Magic 11:15 Therapeutic Paws 2:00 Card Bingo 4:00 Happy Hour 6:30 Movie Night w Ice Cream	-----> 10:00 Exercise 10:30 Coffee Club 11:00 Book Reading w Miriam 4:00 Happy Hour	-----> 9:30 Whirlpool Spa 10:00 Exercise 10:30 Coffee Club with Therapeutic Paws 11:00 Choir 1:30 Cards 4:00 Happy Hour	-----> 10:00 Exercise 10:30 Coffee Club 10:45 Falls Prevention 2:00 Hot Wax Therapy 2:00 Sr. Cyber Session 2:00 Life Stories 4:00 Happy Hour 6:15 Tai Chi	-----> 9:30 Whirlpool spa 10:00 Exercise 10:30 Coffee Club 1:00 & 1:30 Shopping 4:00 Happy Hour	-----> 10:00 Exercise 10:30 Coffee Club w World News 10:45 Falls Prevention 2:00 Hot Wax Therapy 4:00 Happy Hour 6:30 Movie Night/Popcorn	-----> 10:30 Manicure Magic 2:00 Bingo 4:00 Happy Hour 7:00 Music Cafe